

## The Mary Beth Fee Pastoral Care Center



In the Episcopal Church, pastoral care is provided by the laity rather than the clergy as in some other Christian churches. At the Church of the Good Shepherd, our efforts to care for one another have been gathered into a Pastoral Care Center led by Coordinator Lynn Wiss.

To get involved in any of the ministries below, call Lynn at 919-831-2005 or email.

The biggest needs right now are:

**Flower delivery:** every Monday, several arrangements are made from Sunday's altar flowers. We need volunteers to pick up arrangements from the church on Monday and drop off flowers to our home-bound members and those experiencing illness or loss.

**Meal delivery:** Similarly, we need drivers to take meals to people. Main dishes are available for pickup at the church. If you could supplement with a bagged salad and some fruit and drop off a meal for a family every once in a while, that would be a great help.

The **Men's Shepherding Group** needs participants. This is a small group of men led by Ed Gavin who commit to keeping in touch with phone calls, visits, and lunch/coffee.

The **Guild of the Christ Child** provides meals and cards to families with new children. This ministry is currently without a coordinator.

The **Phone Tree** aims to connect by phone twice a month. If you have even one evening every other week you could call and connect, Jan Harris is looking for you!

The **Church Mouse Program** cares for the youth of our church who are going off to college or moving out for the first time sending care packages, news of the church, gift cards at exam times, etc. This ministry is currently dormant.

Other ongoing ministries you could get involved in include:

**Share a Meal:** take a meal to someone and join them in eating it offering both community and food.

**Make & Take a Meal:** cook food for a family or individual in need and drop it off.

**Shepherd's Lunch:** eat at the church with other parishioners and Shepherd's Table guests on the 3rd Thursday at lunch.

**Cheer Committee:** send monthly cards to folks who are home-bound or suffering illness.

**Bereavement Committee:** reach out to people who have lost loved ones by sending notes from the parish. Keep in touch with families during the first year after their loss.

**Pet Ministry:** Judith Young brings her pet to visit parishioners.

**Lay Eucharistic Visitors:** take communion on Sunday afternoon to people who cannot join us in church.

**Bread Making:** bake bread to freeze and store in the PLC for clergy and pastoral care visits.

**Pastoral Visits:** in addition to all of the above, we have many members who visit the home-bound, grieving, or struggling.