Request for Volunteer Assistance

If you or someone you know needs some help (such as yard work, transportation, small repairs, etc.) and would welcome a volunteer helper, please fill in the information below.

Date today	
Your Name	2
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	ork
Type of ass	sistance needed:
Name of po	erson needing assistance:
	this form at the fold and put in ted form in the red flowered box

on the shelves across from the Nurserv.

We provide and serve one evening meal, drive a van for participants, and provide overnight support (1 male & 1 female) at First Presbyterian

<u>Habitat for Humanity</u> – assist area churches in "Episcopal Build" to build houses for low income families OR in the provision of lunch and drink for the workers

Lowes Foods Pick-up (for Shepherd's Table Soup Kitchen) – pick up food items for one month of Sundays from the store on Strickland Road and deliver to the Soup Kitchen

<u>Meals on Wheels</u> – deliver a hot, prepared lunch to homebound Raleigh residents on the 4th Thursday of each month (takes approximately 2 hours midday)

<u>Mission Trips</u> – participate in events to provide relief, comfort and hope to those outside our parish

St. Francis Needlework Guild – knit/crochet prayer shawls, hats, scarves, baby blankets and caps for congregation members and those in need from the Shepherd's Table, Rex Hospital, Wake Medical Center, and the Christmas at Sea Project of the Seaman's Institute

<u>St. Nicholas Tree</u> – pick a child from this tree during Advent to surprise at Christmas with a wrapped toy, book and/or clothing

Shepherd's Table Soup Kitchen (STSK) – assist in preparation, serving and clean-up of a lunchtime meal for Raleigh's working poor Monday – Friday from our kitchen downstairs

<u>Warmth for Wake</u> – with a group of parishioners, cut and deliver firewood to our neighbors in need

<u>WIHN</u> - see "Family Promise"

I know there are those of you at The Church of the Good Shepherd (CGS) who would like to be more involved ~ you've told me so. We all feel the desire to "help out where we can".

Won't you take a look inside and see if there's a service area that is of interest to you?

Or, maybe there's something you feel needs to be addressed and you'd like to help.

Please fill out the form and put it in the red flowered box on the shelves across from the Nursery ~ someone will be contacting you soon!!

> Jan Harris, Volunteer Coordinator Contact: 872-7273



The Church of the Good Shepherd

An Episcopal Church in The Diocese of North Carolina

> 121 Hillsborough Street Raleigh, NC 27603 919-831-2000 www.cgs-raleigh.org

VOLUNTEERS...

The heart and the hands of the church



A Guide to Volunteer & Outreach Opportunities

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Volunteer Service Areas

WORSHIP

<u>Acolytes</u> – middle and high school youth who assist in services by carrying the crosses, torches and helping the clergy in the service

<u>Altar Guild</u> – set up/break down for each service, clean area inside the communion rail, clean and properly store service silver and linens

<u>Chalicist</u> – assist clergy by delivering Holy Eucharist wine to communicants during services.

<u>Lay Eucharistic Minister</u> - deliver Holy Eucharist to parishioners who are hospitalized or otherwise homebound

<u>Lay Reader</u> – assist in services by reading the Lesson appointed for the day

<u>Music</u> – participate in Youth Choir, Adult Choir, Handbell Choir, the playing of instruments for services or working in the music library

<u>Usher</u> – arrive at church about 30 minutes before a service to greet/seat parishioners, pass out bulletins, collect the offering, guide parishioners to Holy Communion and pick-up bulletins left in the pews after the service

<u>Verger</u> – a lay minister who assists the clergy in the conduct of public worship, especially to marshal processions

CHURCH 'IN'REACH

<u>Children's Activities</u> – Vacation Bible School, Christmas Pageant, Children's Chapel, etc. – people are needed to coordinate, make props and costumes, fix food, do receptions or teach for any of the wonderful events for our children – bulletin boards too! <u>Daughters of the King</u> – a women's prayer group who offer daily prayers for both parishioners and non-parishioners for whom prayers have been requested. Their prayer list is confidential.

<u>Fellowship Events</u> – assist with equipment pick-up/return, preparation of food, event set-up/clean-up for the Chili Cook-off, Mike Beard Memorial Pig Pickin', Parish Picnic, Shrimp and Oyster Roast and other parish fellowship events

<u>Flower Delivery</u> – (Sundays after 10:15am Service) deliver altar flowers to parishioners who are in the hospital or otherwise homebound

<u>Gardening Guild</u> - install and care for plantings on CGS grounds and those in the Parish Life Center, grounds pick-up

<u>Library Guild</u> – shelve books, follow up with parishioners with overdue books, catalog new books, assist parishioners in the library itself

<u>Meals & Funeral Receptions</u> - provide meals to homebound parishioners during times of trial and joy through our "Loving Your Neighbor" Group; provide food and/ or assistance for funeral receptions at church

Nursery Guild – help paid staff care for children under 5 years old in the nursery during services and special church meetings and help with nursery clean-up days

Office/Receptionist – 4 hour shift (AM or PM) to answer the phone, route calls, greet and direct visitors, assist staff with short-term projects

Recording Ministry – operate digital equipment to make a recording of services, duplicate and ready them for mailing to homebound parishioners and to be put online, operate sound system during services

<u>Sunday School Teacher</u> – prepare/assist in the teaching of our children, teens or adults during Christian Education on Sunday mornings

<u>Teller</u> – assist with the tally of the Sunday morning offering on Monday morning

<u>Transportation</u> – help by driving parishioners to church services, events and meetings as needed

<u>Vestry</u> – the 12-member group that is entrusted with the ministry of lay leadership to make church business decisions on behalf of the congregation

Youth Advisor/Aide – work with parish middle and high school youth, fix meals for Sunday nights and/or chaperone trips

Wedding Guild – a team to direct weddings at CGS; attend rehearsal, assist clergy and bridal party, attend wedding

COMMUNITY OUTREACH

Beyond Our Doors—provide: 1) respite and an Episcopal noonday service in the Sanctuary on Tuesdays and Wednesdays from 11:30am - 1:00pm AND 2) a lunchtime meal and fellowship with our neighbors from the streets of Raleigh every 3rd Sunday after the 10:15 worship service. Committee meetings are on the 2nd Sunday from 9-10am in the Soup Kitchen.

<u>Cheshire House Meals</u> - provide a lunch time meal for approximately 25 college students on the 2nd Sunday each month, Sept.- May. You may share with another parishioner!

<u>Community of Historic Churches</u> - greet visitors during the October Historic Church Walk

<u>Family Promise</u> - (Formerly Wake Interfaith Hospitality Network) help CGS act as a support church for First Presbyterian for one night of a week-long stay per quarter. Family Promise helps families transitioning from homelessness.

I'd Like To Help!

Date	
Name	
Phone Home	
Cell	
Work	
Email	
Please write in your areas of interest from the list to the left.	
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Please put the completed form in the red flowered box on the shelves across from the Nursery.