WARDEN’S WATCH: AN EXCITING YEAR AHEAD AT CGS
As we get closer to starting our program year, I hope that everyone has had time over the summer to get away and spend time with your loved ones. This is important to do in our journey alongside God. It gives us time to reflect, relax and to get refreshed.

Rally Day is September 9th. This will be the kickoff to our Back to the Basics theme for the year. Please plan to join us. It is going to be a great day. Our clergy, staff, and volunteers have been working very hard to get this ready, and I thank them all.

The vestry came together for a mid-year vestry retreat last weekend, and we had many discussions on ways we can make our church a better house of worship.

We have approved our search committee that will be in charge of bringing our next rector to The Church of the Good Shepherd mid-year in 2019. I want to thank everyone who put their name in for consideration. It was a difficult decision and please know if your name was not one selected for the search committee there will be many opportunities to help in other areas during this process.

I am excited to announce the following names for our Search committee: Meredith Swindell (Chair), John Beard (Co-Chair), Karen Boyne, Will Cherry, Jan Harris, Paul Hoch, Anna Howard, Susan Jackson, Mary Propst, Chas Sharp and Sheldon Smith. Please keep them in your prayers as they move forward.

Peace and Blessings to all.

Volunteer Spotlight: September
This month I would like to note the dulcet tunes of our Flute Choir. Did you know that the flute is one of the oldest instruments still having a place in secular as well as sacred music today? These hard working parishioners grace us by adding a new and different musical texture to our worship services! This group of wonderful woodwinds led by Flute Director, Mary Norris are: Helga Fasciano, Erin O’Hara and Cecelia Nobles.

I think it’s always nice to have our volunteers recognized for all they do. There may be times I miss someone, and I apologize up front!! My knowledge is limited to those who have volunteered for things I have set up, to names given to me by the coordinator.

Thanks to ALL of you that do things for others with no thought of anything in return!! You don’t know how you have touched others hearts and changed their lives for the better!!!

Hugs to all!!

Jan Harris, Volunteer Coordinator

Rally Day and Ministry Fair Next Sunday! Join us in Shepherd’s Hall on September 9 immediately following the 10:15 Eucharist for a veritable carnival midway of food, fellowship and fun for the whole family! There will be a special guest or two and opportunities to chat with various ministry leaders and get even more plugged into life at CGS!

Welcome to Good Shepherd!
New to Good Shepherd? Been around awhile, but wouldn’t mind some refreshers on “the why to the what” of how we live out our faith? Join us in room 403 on Sunday 9/23 as we begin a 4-week series of formation sessions aimed at introducing and explaining our Episcopal traditions and how we seek to live them out here at CGS.

All are welcome! Watch this space next week for an overview of the sessions and additional details. For more information, please contact Karen Sommerville at 919-791-5507 or ksommerville03@gmail.com.

Men’s Retreat Opportunity
We currently are developing an itinerary for a sound-side men’s retreat to Oriental, NC the weekend of October 26-28. In addition to fun, fellowship and renewal, The Rev. Bill Bennett will lead us in an exploration of how we’re living into our Baptismal Covenant: how do we bring its values into our workplaces, households and relationships? How do we as men live into our call to walk The Way of Love? Estimated cost is $150. Those interested should contact Kirk Royal no later than Wednesday 9/5.

Shepherd’s Luncheons Resume This Month
These beloved gatherings for our parish’s seniors will resume on the third Thursday of September. Lynda Terrell-Rea has graciously assumed leadership and is looking for people to join the team. An organizational meeting will occur on Thursday 9/6 at 11am in room 304. If you are unable to attend but would like to contribute a side dish, tossed salad or dessert, please contact Lynn Wiss at 919-831-2005 or lynn.wiss@cgs-raleigh.org to provide your contact information so Lynda can reach you with each month’s menu needs.
**Wellness Opportunity: Yoga in Shepherd’s Hall**
Every Monday & Wednesday at 5:30 p.m. beginning September 10 and running through November 12. Cost is $120 for one class per week ($12/class) or $200 for two classes per week ($10/class). This class will focus on principles of alignment-based Yoga, using walls and props to enhance poses and make them more accessible. Participants should be in generally good health and able to move easily between positions. Reservations only. No walk-ins please. Reserve your spot today by contacting Laura at lwoodall62@gmail.com or 919-618-1396.

**September Amazing Grace Supper**
Craig and Kathryn DeShong will be hosting the next Amazing Grace Supper on Saturday, September 15 in their home at 7109 Eastover Drive, Raleigh (27603). This rotating adult supper group is a wonderful fellowship opportunity that always welcomes returning as well as new faces. Attendees should bring a side and beverage of their choice. Please RSVP to kddeshong@gmail.com or 919-779-7101.

**CGS Communications: Keeping You Informed**
There’s going to be a whole lot to talk about in this exciting year ahead at CGS. As your communications director, I’ve been hard at work thinking of ways to make sure you all stay fully informed in the most efficient and transparent ways possible while also being mindful to be a good steward of CGS’s resources.

Did you know that a page printed in color costs SEVEN TIMES the amount of a page printed in black and white? And that’s the case whether we’re giving you the rainbow or a single color on a page! With that in mind, we will be producing our regular Sunday bulletins in black and white beginning on Sunday, September 16th. But do not fear! This will apply only to the print versions. The online versions will continue to appear in vibrant full color. Also, bulletins for principal feasts, fasts and other noteworthy occasions will get full-color print runs just as they always have.

As always, if you have any questions or comments regarding communications or would like to submit an item for publication in The Shepherd’s Staff, feel free to contact me at 919-831-2018 or kirk.royal@cgs-raleigh.org. Submission deadlines for Shepherd’s Staff are each Tuesday at noon.

Please take a moment to send your current preferred contact information to our membership coordinator, Bev McTaggart, at bev.mctaggart@cgs-raleigh.org.

**Prayer Lists**
*In our parish:* Kevin LeCount, Michelle Egan, Monty and Sallie Houlder, Aileen Wood, Eric Ennis, Chris Yetter, Paul Gallo, Jill Bryan
*Friends and family:* Anna Messmer, Melissa Shue, Ned English, Helen Koczwar, Quinn and Jane Tart, the Marlowe family, Janine Curry, Will Sessoms, Lisa Cilento, Jordan Mayle, Carolyn McCosh, Sharon Boone, Sue Lough, Ella Wood, Kim Bain
We pray for those serving in the armed forces, especially: Hayward Foard and Brandon Harden.

**Celebrating Birthdays This Week**
9/1 — Ann Buck, Tracy Dickerson, Joshua Hensley
9/2 — Kristi Williams, Matthew Waguespack
9/3 — William Nobles
9/4 — Helga Fasciano, Ainsley Seiger, Amelia Poindexter, Louise Neely
9/5 — Laura Hart
9/6 — Carol Cato, Mike Kyle, Russell Chapman, Katherine Knudsen
9/7 — Elizabeth LaFon
9/8 — Bill Gauger, Elizabeth Johnson, Morgan Womble

Email Kirk Royal to add names to the prayer list. Please gain permission from anyone you would like to add to the list, and specify whether the person is a parishioner, friend/family or military. For immediate pastoral care needs outside normal parish office hours, please call our 919-831-2008.

**This Sunday’s Readings: 15 Pentecost**
Deuteronomy 4:1-2, 6-9; Psalm 15; James 1:17-27; Mark 7:1-8, 14-15, 21-23

**Serving This Sunday 9/2**
8:00 — Lector & Chalicist: Rich Netherby; Ushers: Bit & Dicky Hardy
10:15 — Verger: Dave Roten; Lectors: Margaret Park, Lynn Wiss; Chalicist: Jennifer Tlusty; Acolytes: Jessie Andrews, Alexis Taylor, Mary Blake Nobles, Harriet Jackson, Francie Rogers; Ushers: Jeff Whittaker, Joe Aldridge, Craig DeShong, Kathryn DeShong, Harold Ramsey, Martin Taylor, Kathy Whittaker

**Daily Office Gospel Readings for the Coming Week**
*Monday, Sept. 3* — John 8:21-32
*Tuesday, Sept. 4* — John 8:33-47
*Wednesday, Sept. 5* — John 8:47-59
*Thursday, Sept. 6* — John 9:1-17
*Friday, Sept. 7* — John 9:18-41
*Saturday, Sept. 8* — John 10:1-18

**The Week Ahead at Good Shepherd**

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**Sunday, September 2**
8:00 a.m. Holy Eucharist I
8:45 a.m. Coffee Fellowship
10:15 a.m. Holy Eucharist II
11:45 a.m. Lemonade on the Lawn

**Monday, September 3**
Labor Day — Parish Offices closed

**Tuesday, September 4**
10:30 a.m. Tuesday Bible Study (403)
11:30 a.m. Open Doors to the Church
6:30 p.m. Tuesday Bible Study (Parlor)
7:00 p.m. AA Meeting (Shepherd’s Table Soup Kitchen)

**Wednesday, September 5**
7:00 a.m. Men’s Breakfast and Bible Study (403)
9:15 a.m. Staff Meeting (403)
11:30 a.m. Open Doors to the Church
4:00 p.m. Society of St. John the Baptist (403)

**Thursday, September 6**
11:00 a.m. Shepherd’s Lunch Committee (304)
12:05 p.m. Holy Eucharist with Healing (Stoker Chapel)

**Friday, September 7**
Noon—1:00 p.m. Al-Anon (Parlor)

**Saturday, September 9 — Rally Day!!!**
8:00 a.m. Holy Eucharist I
8:45 a.m. Coffee Fellowship
10:15 a.m. Holy Eucharist II
11:45 a.m. Rally Day Celebration and Ministry Fair (Shepherd’s Hall)

**Save the Dates!**
- September 30: Celtic Eucharist
- October 26-28: Men’s Retreat